

# January 2025 Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
V = vegetarian Vegan = no meat, eggs, or dairy			1  <b>LMUCC CLOSED - University Holiday</b>	2  <b>LMUCC CLOSED - Deep Cleaning</b>	3  <b>LMUCC CLOSED - PTCs Toddler Classroom</b>	4
5	6 Chinese Chicken Salad with Crunchy Noodles and Green Dressing, Oranges, Brown Rice <i>V &amp; Vegan: Marinated</i>	7 Potato Corn Chowder, Grilled Chicken, Rolls, Fruit <i>V: no chicken Vegan: Steamed Broccoli &amp; Brown Rice</i>	8 Baked Ziti, Steamed Vegetables, Fruit <i>V: ok Vegan: Pasta with Marinara Sauce</i>	9 Vegetarian Minestrone, Rolls, Fruit <i>V &amp; Vegan: okay</i>	10 Tofu & Vegetable Stir Fry, Brown Rice, Oranges <i>V &amp; Vegan: okay</i>	11
12	13 Vegetable Sushi Rolls, Edamame, Fruit <i>V &amp; Vegan: okay</i>	14 Penne with Bolognese, Grilled Vegetables, Oranges <i>V &amp; Vegan: Vegan Bolognese</i>	15 Vegetable Soup, Tuna Salad Sandwich, Fruit <i>V &amp; Vegan: Avocado Sandwich with Grilled Vegetables</i>	16 Falafel, Hummus, Pita, Fruit <i>V &amp; Vegan: okay</i>	17 Macaroni & Cheese, Crispy Kale, Fruit <i>V: okay Vegan: Pasta with Marinara Sauce</i>	18
19	20  <b>LMUCC CLOSED - University Holiday, Martin Luther King Jr. Day</b>	21 Chicken & Rice Soup, Steamed Vegetables, Fruit <i>V &amp; Vegan: Vegetable Soup with Rice</i>	22 Mushroom & Cheese Pizza, Steamed Vegetables, Fruit <i>V: okay Vegan: Pizza No Dairy</i>	23 Shepherd's Pie, Asparagus, Oranges <i>V &amp; Vegan: Polenta Cakes with Marinara Sauce</i>	24 Tomato Basil Soup, Grilled Cheese Sandwich, Apples <i>V: okay Vegan: Avocado Sandwich with Grilled Vegetables</i>	25
26	27 Fish Tacos, Cabbage Salad, Fruit, Green Salsa <i>V &amp; Vegan: Brown Rice &amp; Black Beans</i>	28 Pesto Pasta with Pumpkin Seeds, Black Bean & Corn Salad, Fruit <i>V &amp; Vegan: okay</i>	29 Grilled Chicken, Spanish Rice, Steamed Vegetables, Fruit <i>V &amp; Vegan: Marinated Tofu</i>	30 Tortilla Soup, Cheddar Cheese, Rolls, Fruit <i>V: okay Vegan: No Cheese</i>	31 Black Bean Burger, Baked Sweet Potato Wedges, Fruit <i>V &amp; Vegan: okay</i>	